



KIT LIST

A handful of our activities for the Kilimanjaro Adventure Challenge need a few extra resources that you may not have in your house so this list is a quick heads up to get some supplies if you fancy doing the stated activity as part of the challenge weekend.

Please do remember that not all of these activities are necessary for the weekend, it is completely up to you what you do and there are many other options from all six zones that do not need any extra resources so you are more than welcome to opt for those instead.

It would also be useful to check whether you have spare paper, coloured card, plastic bottles, and pens/ pencils as these will be useful for a range of our activities!

We hope to see you soon!

TRAVEL ZONE

STRESS BALLS

Balloons, Rice/Pasta/flour/something similar, Nappy Bags/food bags

MERU ZONE

LAVA VOLCANO

Food Colouring, Baking Soda, White Vinegar, Dish Soap, Volcano building materials (paper mache, etc)

LAVA LAMPS

Vegetable oil, Food colouring, Alka-seltzer Tablets

NAVIGATION

Magnet, Sewing needle, Cork, Pliers

ACCLIMATISE

Balloons

MOON PHASES

Oreos, or something similar, to create the different phases

KILIMANJARO ZONE

CAMP OUT

Tent/ Den/ Hammock (inside or out)

SUMMIT SIGN

Small Version :- Lollipop sticks, Glue

Large Version :- Planks of wood, Nails, Hammer

Trek Kili

Hiking Boots or Walking Footware

SERENGETI ZONE

PANCAKE ART

Ready made pancake mix or 100g plain flour, 2 large eggs, 300ml milk, 1 tbsp sunflower or vegetable oil and a pinch of salt.

LANTERNS

Empty jar or Tin Can, Tealight

Litter Pick

Gloves, or Litter Picker

MAASAI ZONE

AFRICAN COOKING

Option 1 – Chapati (3 cups plain flour, 1 teaspoon sugar, 1 1/2 teaspoon salt, 3 tablespoon ghee or oil, 1 1/4 cup warm water)

Option 2 – Fried Plantain (2-3 plantains, vegetable oil, salt, cinnamon sugar)

SALT DOUGH

Salt, Plain flour

JEWELLERY MAKING

Beads

NGORONGORO CRATER ZONE

ANIMAL CRAFT

Option 2 – Pipe cleaners, **Option 3** – Paper plates

Option 4 – Fruit (to carve and then decorate with),

WATERFALL WALL

4 empty containers, e.g. milk bottles, bottles, Bucket

WATER SAFETY

Option 1 – Water filter: gravel (smaller and larger), sand, charcoal, plastic bottle, mug/cup, hammer and nail, coffee filter/cotton balls/gauze

Option 2 – pH indicator experiment: Red Cabbage

CLOUD IN A JAR

Jar, hairspray, food colouring

BIRD WATCHING

Two empty toilet rolls